



**Dr. Glossy Sabharwal**

WOMAN. DOCTOR. SUPPORT

## **Women Over 40 Years Checklist**

- 1) General check up with blood pressure and body weight monitoring.
- 2) ECG
- 3) Chest X ray (PA view)
- 4) Ultrasound whole abdomen (with TVS- Transvaginal scan, when applicable)
- 5) Mammography with both side Ultrasound Breast
- 6) Pap Smear with HPV testing (once in 4-5 years)
- 7) Blood and urine tests
  - i. CBC- complete blood count and Hemoglobin
  - ii. ESR
  - iii. FBS- fasting blood sugar and HbA1c - glycated hemoglobin
  - iv. Total Lipid Profile
  - v. kidney function tests
  - vi. Liver function tests
  - vii. CPK
  - viii. Serum TSH (Thyroid)
  - ix. Vitamin D3, B12
  - x. Serum Iron, Ferritin
  - xi. Serum calcium
  - xii. hs-CRP
  - xiii. Urine routine and microscopic

For further queries or appointments- please leave a WhatsApp message on 9811020477